



## Frequently Asked Questions

### What is GAP?

The Governor's Access Plan, known as GAP, is a demonstration program offering a targeted benefit package for up to 20,000 Virginians who have income less than 100% (95% plus a 5% income disregard) of the federal poverty level and suffer from serious mental illness (SMI).

### Why is GAP necessary?

Without access to treatment, individuals with SMI are often unnecessarily hospitalized, may be unable to find and sustain employment, struggle with affordable and available housing, become involved with the criminal justice system, and suffer with social and interpersonal isolation. The opportunities provided through the GAP demonstration will enable persons with SMI to access both behavioral health and primary health services, enhancing the treatment they can receive, allowing their care to be coordinated among providers, therefore addressing the severity of their condition. With treatment, individuals with SMI and co-occurring or co-morbid conditions can recover and live, work, parent, learn and participate fully in their community.

### Who is eligible for GAP?

To be eligible for GAP, individuals with a diagnosis of SMI must also meet ALL of the following eligibility requirements:

- Adult between the ages of 19 through 64 years old;
- U. S. Citizen or lawfully residing immigrant;
- Not eligible for any state or federal full benefits program including: Medicaid, Children's Health Insurance Program (CHIP/FAMIS), or Medicare;
- Resident of Virginia;
- Household income that is below 95% of the Federal Poverty Limit (FPL) plus a 5% income disregard (\$11,670 for a single adult);
- Uninsured; and,
- Not residing in a long term care facility, mental health facility, long-stay hospital, intermediate care facility for persons with developmental disabilities, or penal institution.

### What services are available under GAP?

The array of services available under GAP includes but is not limited to:

- Care coordination
- Crisis Line
- Peer Supports
- Primary care, specialty care, diagnostic lab and x-ray services and pharmacy
- Telemedicine
- GAP Case Management
- Crisis intervention and stabilization
- Outpatient behavioral health and substance abuse treatment services
- Substance Abuse Intensive Outpatient Treatment (IOP)

If you have questions or comments, email them to: [BridgetheGAP@dmass.virginia.gov](mailto:BridgetheGAP@dmass.virginia.gov)